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Ukraine

*With learners for life*

Macmillan  
Education  
в Україні  
**2016**

**15** років в Україні

Language  
Learning



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# **Forget me not!**

**How to revise smartly & record well  
to remember more**



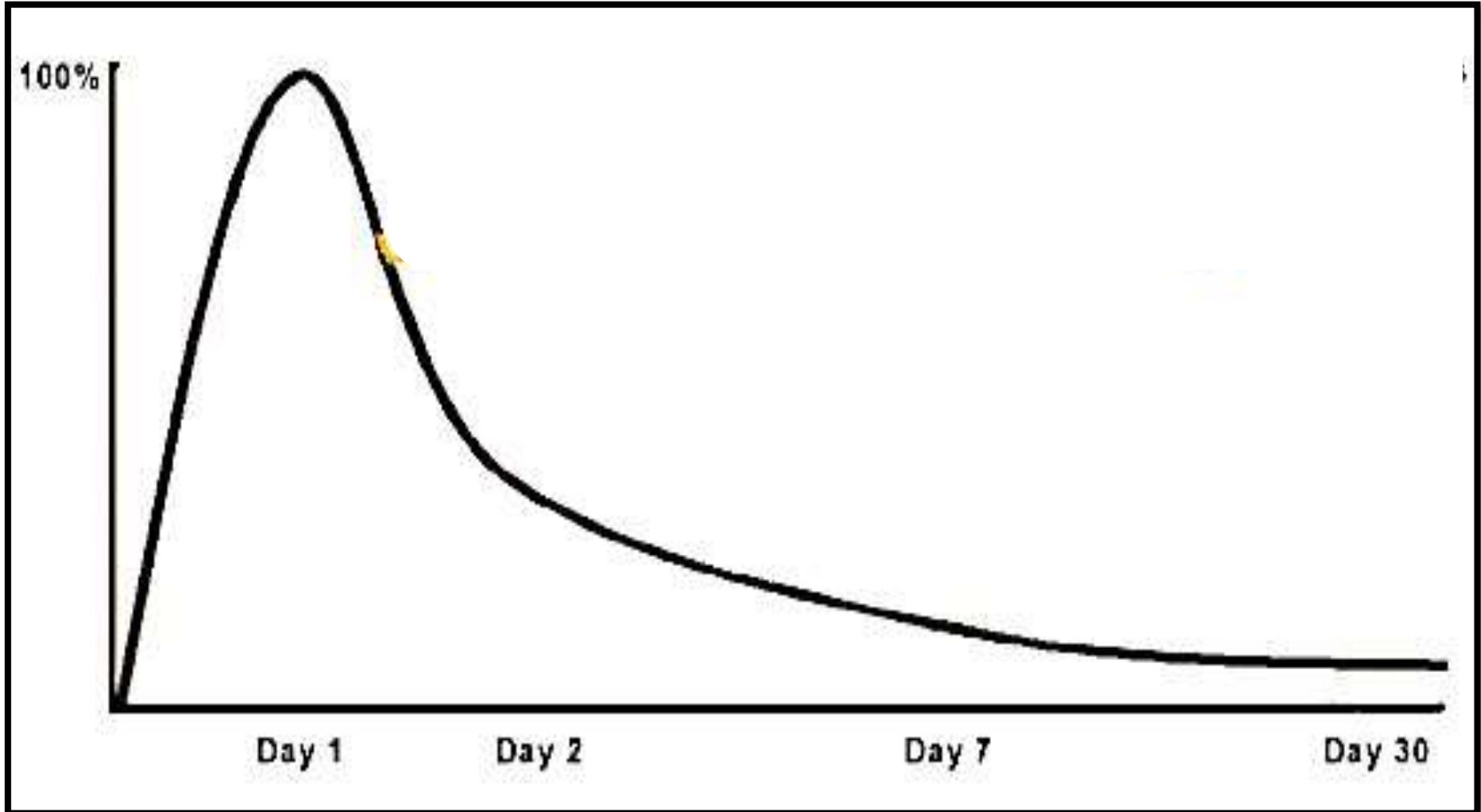
straight hair   grey hair   beard   moustache  
wavy hair   elderly   middle-aged  
skinny   well-built   in his/her sixties  
overweight   curly hair

Task: you will hear a selection of these expressions. For each one, write down the name of someone you know, a real person, someone that matters to you (a family member, a friend from work, your favourite actor etc.)

Rationale: the associations will act as '*mental hooks*' for later retrieval of the original items 😊

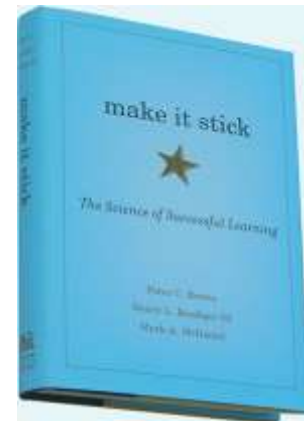


# Ebbinghaus' *Forgetting curve* (1885)





*A central challenge to improving the way we learn is finding a way to interrupt the process of forgetting.*





**Why?**



# Why?



spontaneous decay



arrival of new information



lack of importance

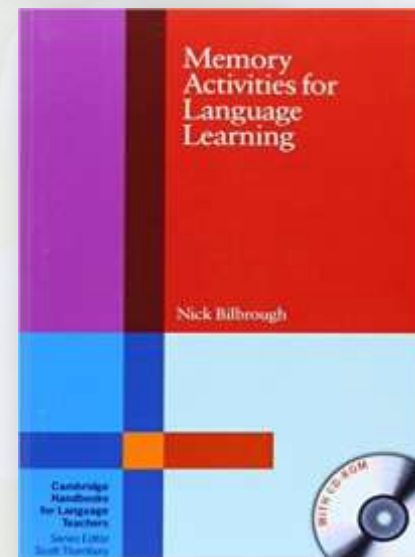
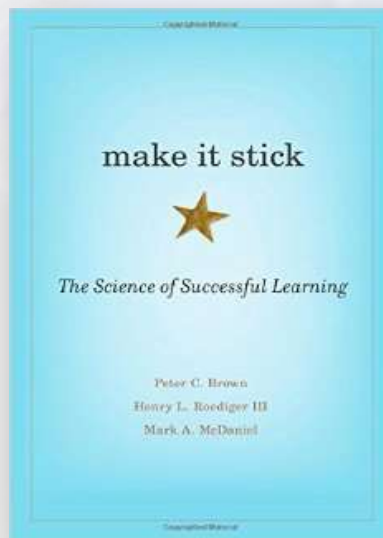
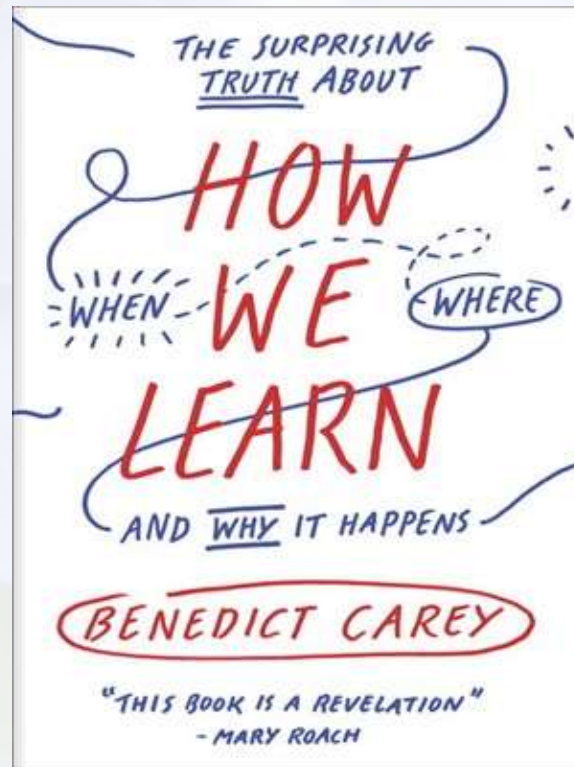
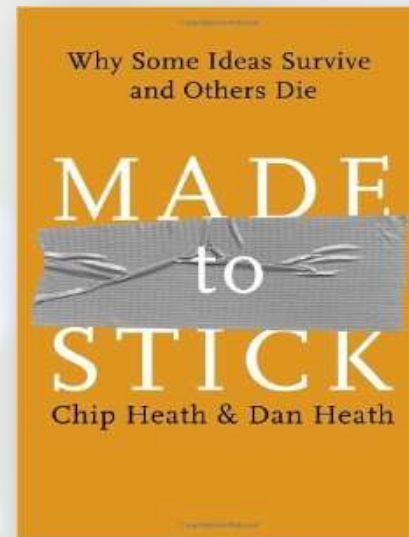
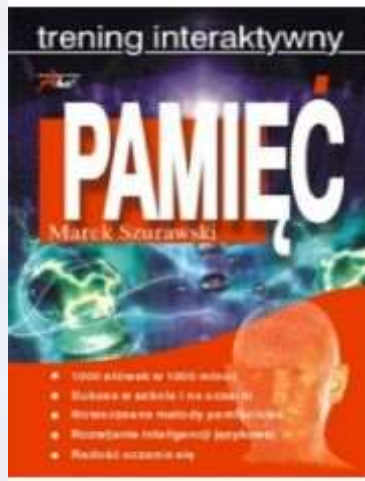


poor recording



insufficient rehearsal

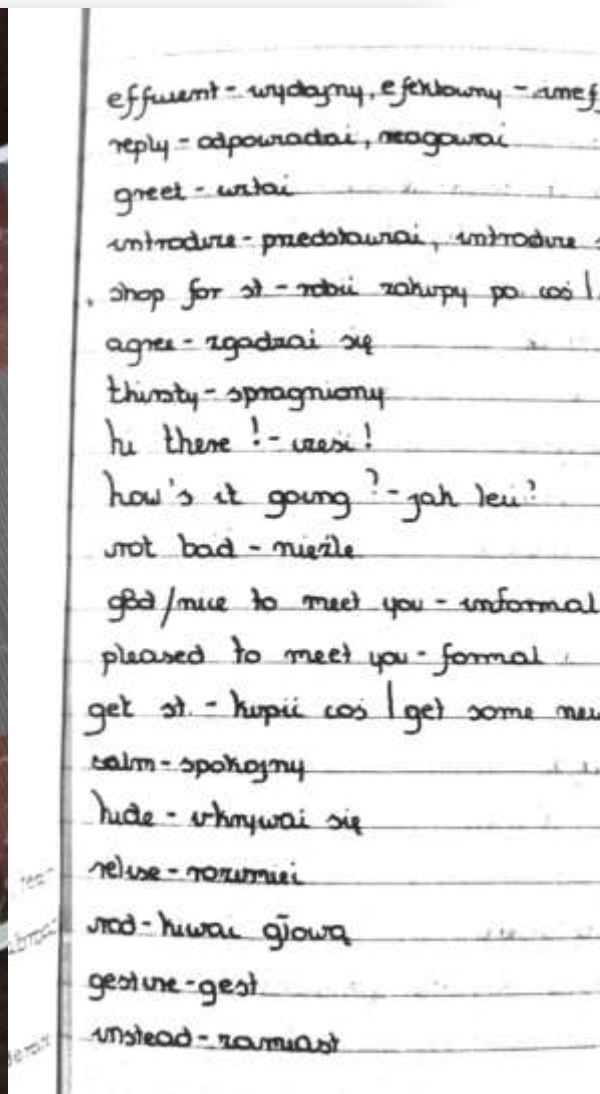








‘Only **4** % of learners use learning strategies and memory techniques’.





4%

‘Teachers would be more prepared to suggest these techniques to their learners if they **themselves** have had more experience of them.’





4%

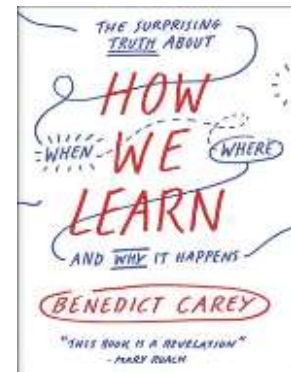
Use a word ten times and it shall be yours for life!

*Amanda, Amanda,  
Amanda, Amanda,  
Amanda, Amanda,  
Amanda, Amanda,  
Amanda, Amanda ...*



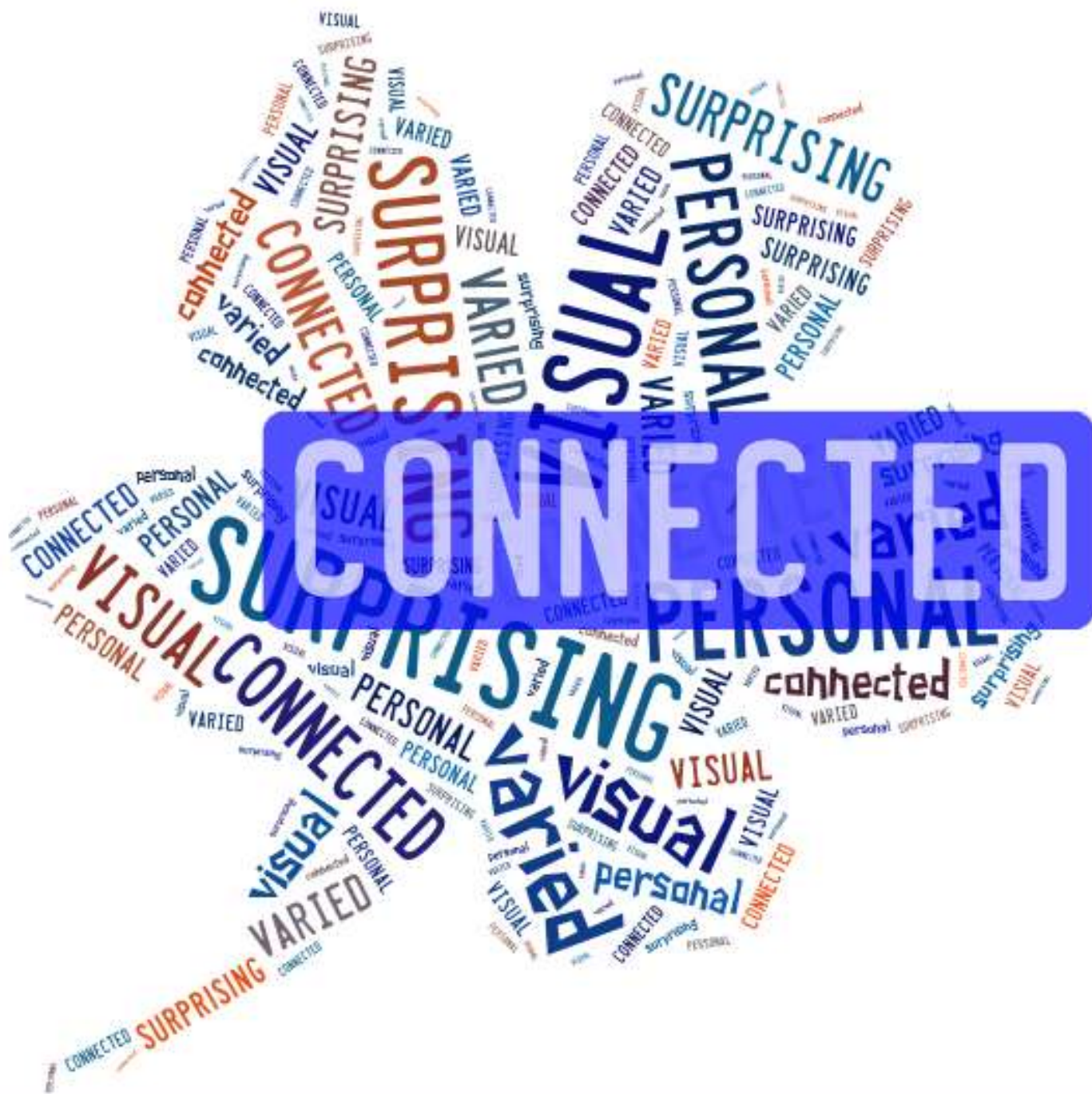


Memory is not a



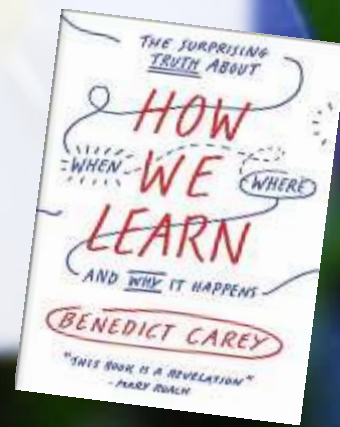








Extra  
processing  
effort is good  
for you





**forget-me-not**

**vs.**

**Do not forget me**

100%



**how to record ?!**

Day 1

Day 2

Day 7

Day 30



increase

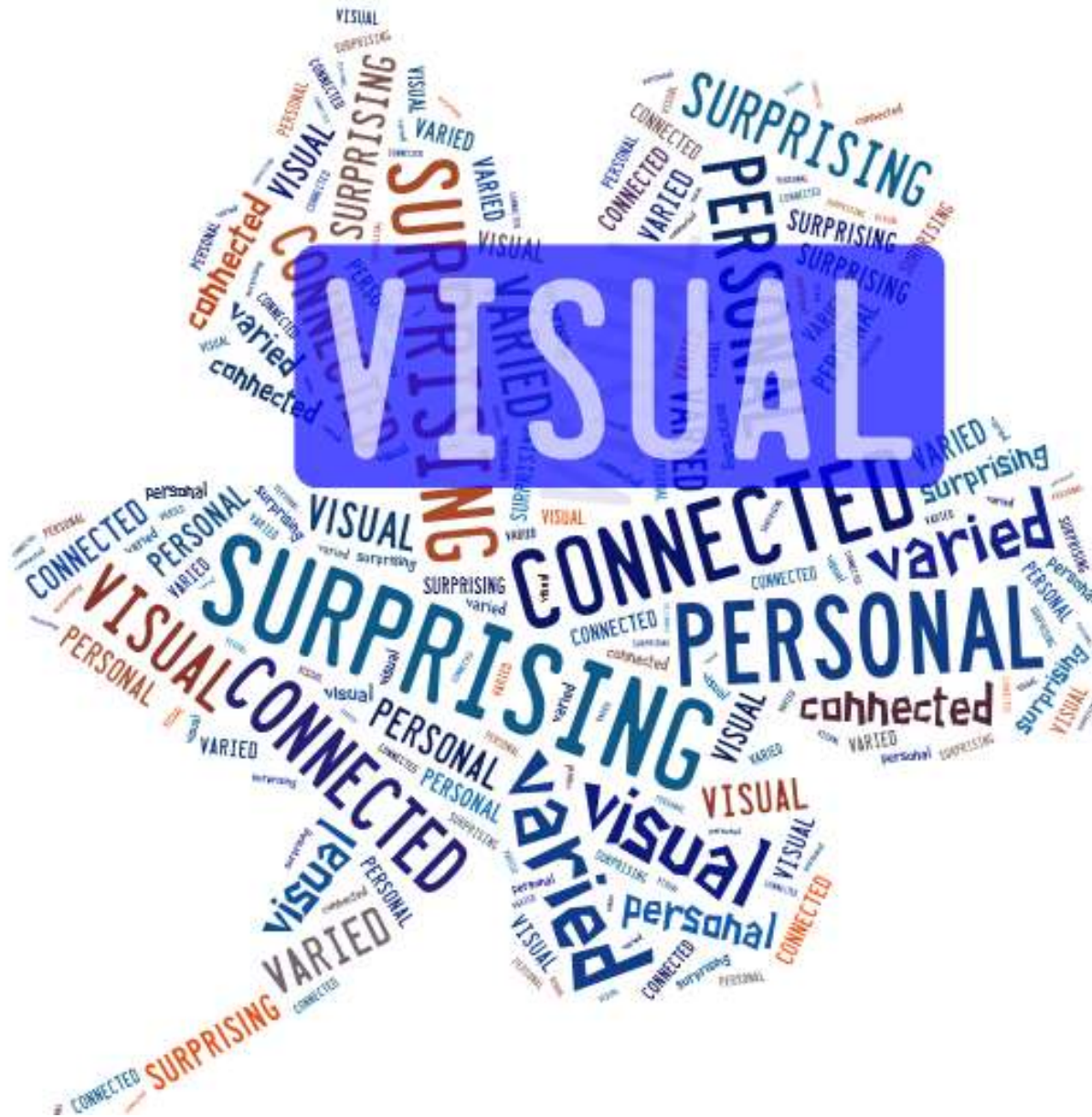
I SOLATE

red blue green

thick - thin

L  
A  
D  
D  
E  
R









1 **RECALL** Work in pairs. Circle 12 family words.

**MOTHER** QUIET **DAD** **BIG** LONELY **CHILD**  
LIKE BORING **SISTER**  
**HOME** GRANDFATHER GRANDMA  
BROTHER **HAPPY** SMALL  
GRANDCHILD GRANDMOTHER  
**GRANDDAD**

**MUM** **LIVE** **NOISY**





<http://www.tagxedo.com>







head

shoulder

shoulder

chest

waist

hip

hip

bottom

thigh

thigh

knee

knee

foot

foot



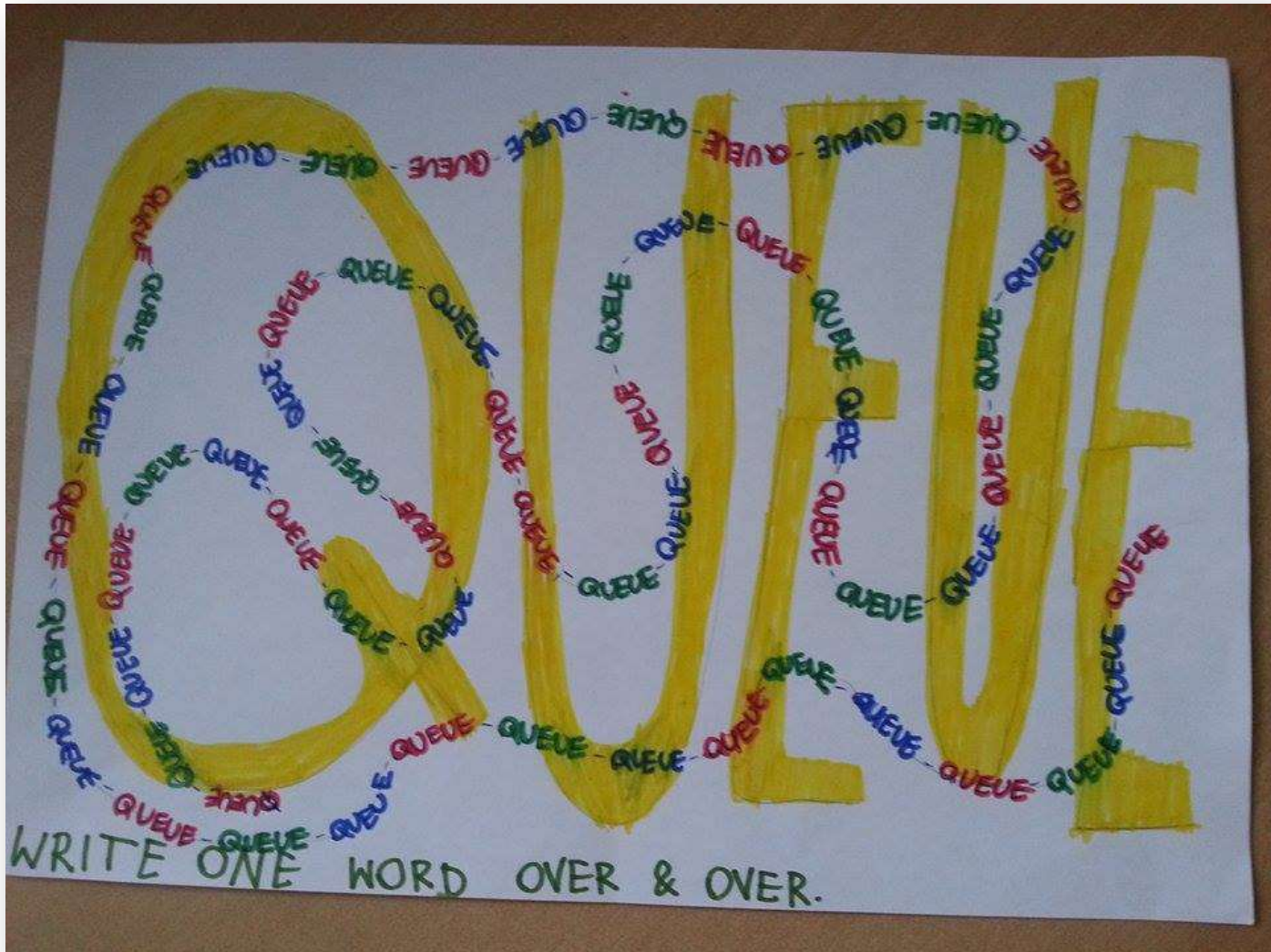


CONNECTED

VISUAL











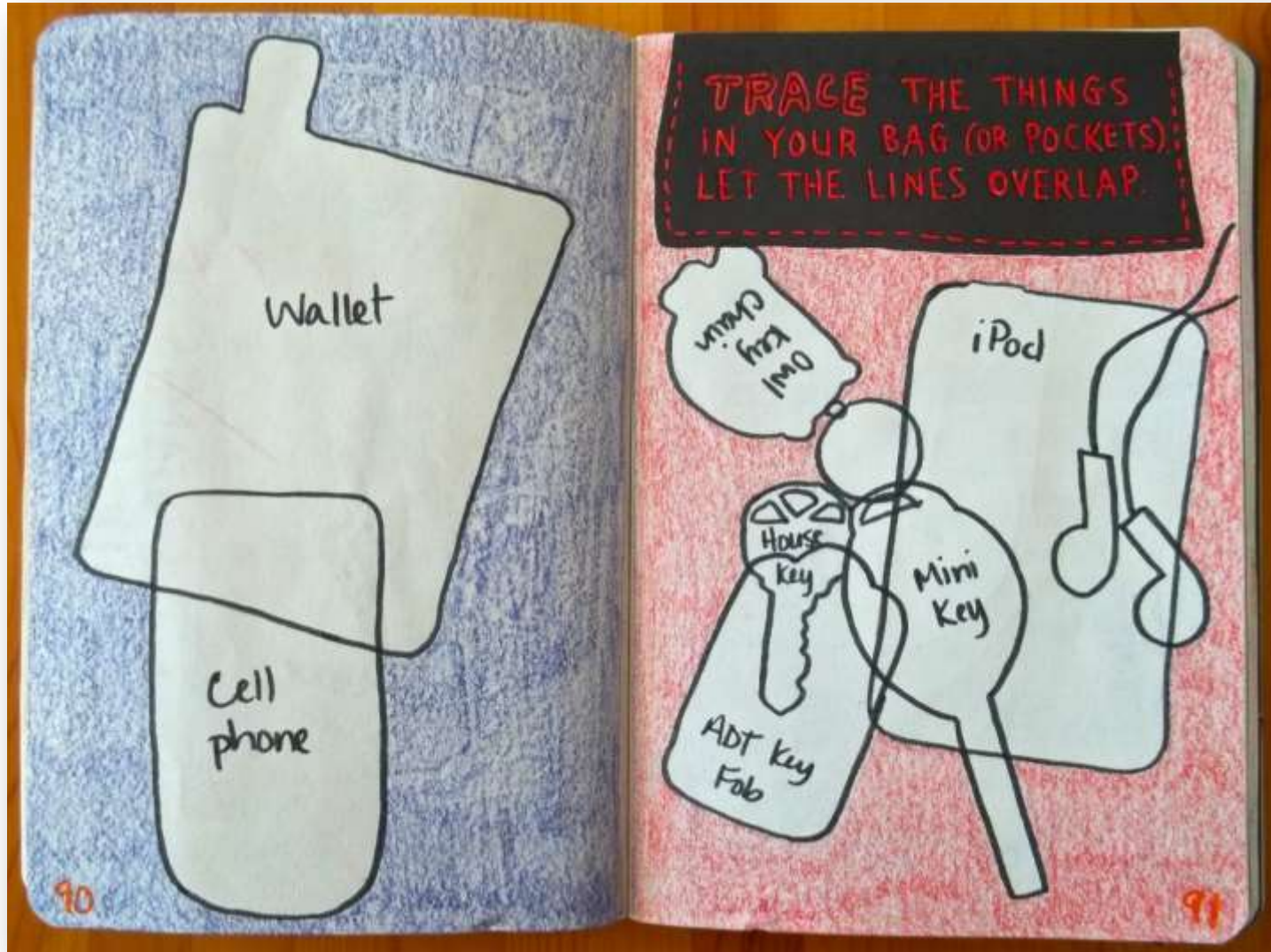
mouth, skirt, apple, first, lucky, glass  
Hello!, foggy, noisy, woman, brown, sunny, woods, music  
mouse, camel, goose, young, bring, curly, sweet  
toast, baked, water, short, fruit, plate, eagle  
tooth, beard, light, boots, table, books, shirt  
scarf, messy, floor, shoes, dress, jeans, price  
large, skirt, litre, angry, happy, tired, socks, bored, price  
cheap, hippo, brave, fresh, shark  
wafer, funny

PAGE FOR FIVE-LETTER WORDS









100%



# How to revise ?!

Day 1

Day 2

Day 7

Day 30



## WORK WITH WORDS Food and drink

**1** **RECALL** Work in pairs. Look at the words and cross out the wrong word in each group. Can you say why it's different? You have one minute.

1 mineral water, ~~fish~~, juice, coffee

*The other words are drinks.*

2 banana, egg, apple, orange

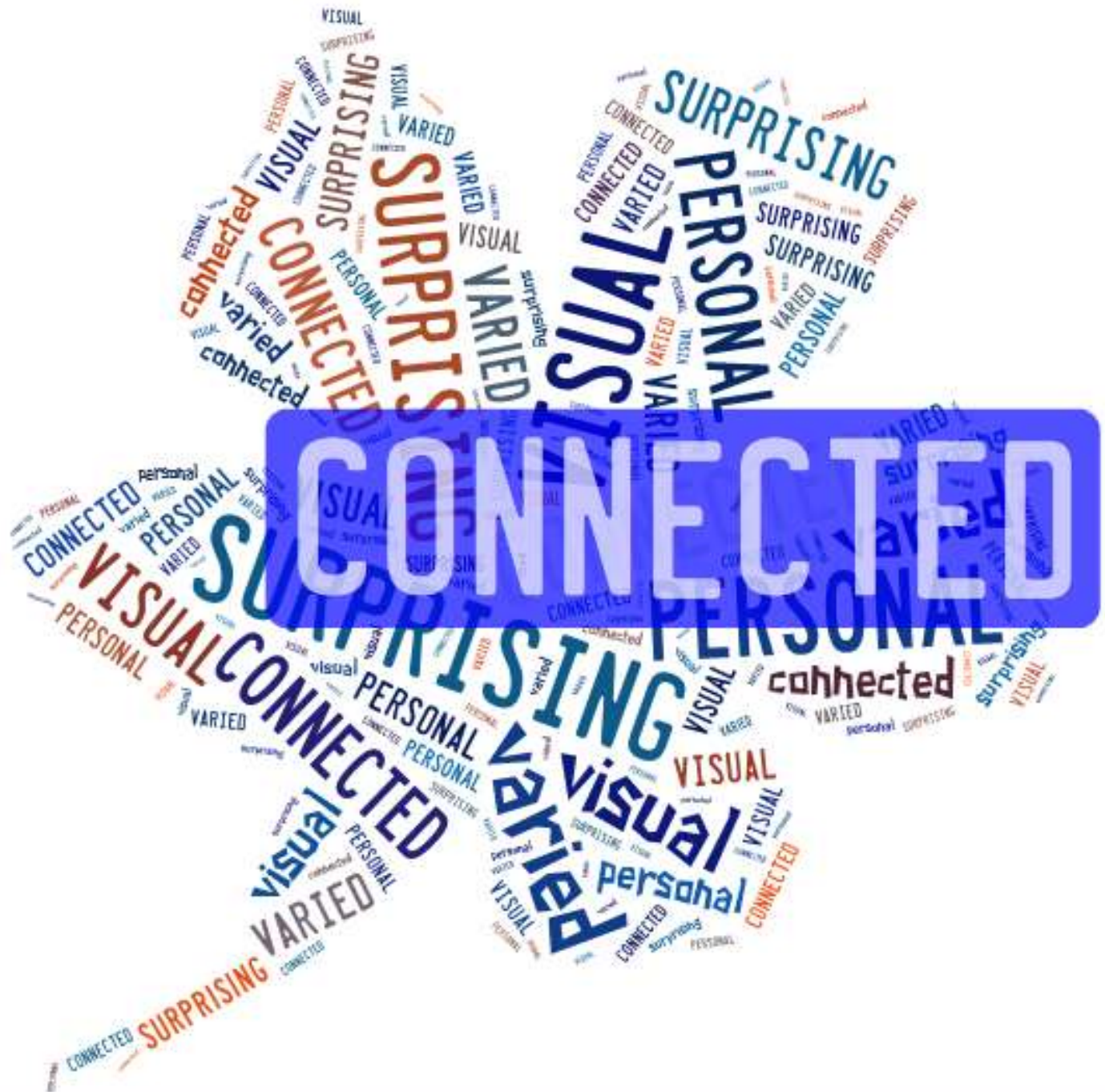
3 pizza, salad, bread, sandwich

4 milk, rice, cheese, ice cream

5 steak, pasta, burger, chicken







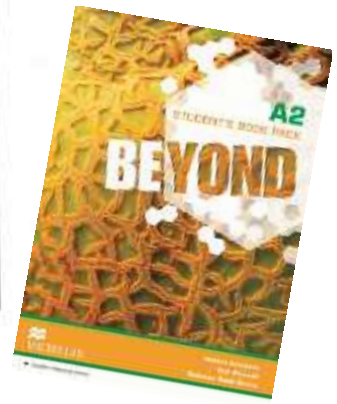




A B C D E F G H I J K L M  
N O P Q R S T U V W X Y Z



A	B	F	I	O	Q	R
.....	C	.....	.....		.....	
J	D	M			W	
.....		.....				
	G	S				
		.....				
	T	Z				
	.....					





## Pages 76 and 77

### TIMES OF LIFE

baby  
child  
teenager  
middle-aged  
pensioner  
young adult



be born  
grow up  
get old  
die

### GO BEYOND

- 1 For each time of life, write the name of somebody you know.
- 2 Write four sentences with each of the four verbs.

## Page 80

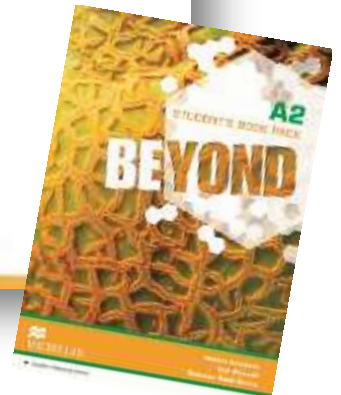
### PERSONALITY ADJECTIVES

calm  
cheerful  
cool  
friendly  
funny  
nice  
polite  
rude  
serious  
shy



### GO BEYOND

Describe two friends or family members with some of the words.





CONNECTED

VISUAL

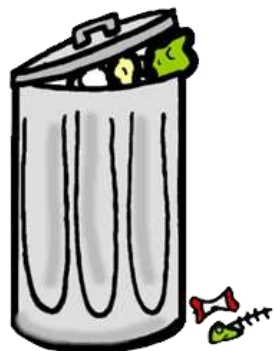






## Furniture / Meble

armchair /'ɑ:(r)m,tʃeə(r)/ fotel  
bath /bɑ:θ/ wanna  
bed /bed/ łóżko  
bedside table /,bedsaɪd 'teɪb(ə)/ stolik nocny,  
szafka nocna  
bookshelf /'bʊkʃelf/ regał na książki  
bright red /,braɪt 'red/ jaskrawoczerwony  
carpet /'kɑ:(r)pɪt/ dywan/wykładzina  
chair /tʃeə(r)/ krzesło  
cupboard /'kʌbə(r)d/ szafka kuchenna  
curtains /'kɜ:(r)t(ə)nz/ zasłony  
dark blue /,dɑ:(r)k 'blu/ ciemnoniebieski  
dishwasher /'dɪʃ,wɒʃə(r)/ zmywarka  
fireplace /'faɪə(r),pleɪs/ kominek  
fridge /frɪdʒ/ lodówka  
lamp /læmp/ lampka  
microwave /'maɪkrə,weɪv/ kuchenka  
mikrofalowa  
mirror /'mɪrə(r)/ lustro  
oven /'ʌv(ə)n/ piekarnik  
picture /'pɪktʃə(r)/ obraz, obrazek  
poster /'pəʊstə(r)/ plakat  
radiator /'reɪdɪ,eɪtə(r)/ grzejnik, kaloryfer  
shower /'ʃəʊə(r)/ prysznic  
sofa /səʊfə/ kanapa  
table /'teɪb(ə)/ stół  
toilet /'tɔɪlət/ toaleta  
wallpaper /'wɔ:l,peɪpə(r)/ tapeta  
wardrobe /'wɔ:(r)draʊb/ szafa  
washing machine /'wɒʃɪŋ mə'ʃi:n/ pralka







- **explorer** ?
- **discover** ?
- **breath-taking** ?
- **crowded** ?
- **belong to** ?
- **until** ?
- **extraordinary** ?
- **journey** ?



CONNECTED

VISUAL

PERSONAL





## Box 3.9: First-letter verb phrases

He **woke up** (WU).



He WU and **got out of bed** (GOOB).



He WU, GOOB and **went to the bathroom** (WTTB).



He WU, GOOB, WTTB and then **brushed his teeth** (BHT).



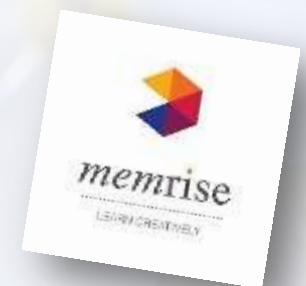
He WU, GOOB, WTTB, BHT and then **had a shower** (HAS).



He WU, GOOB, WTTB, BHT and then HAS



What our memories reveal is that our nervous system is tuned to anything that excites **emotion**, is **colourful**, **unusual** and, above all, anything that's **personally interesting**





**Let's  
check !**



CONNECTED

VISUAL

PERSONAL

straight hair    grey hair    beard    moustache  
wavy hair    elderly    middle-aged  
skinny    well-built    in his/her sixties  
overweight    curly hair



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