Today I feel good because.....

Macmillan_v2.mp4



Teaching Life Skills at Secondary Grades







"The first drop in self esteem occurs in early adolescence (ages 9-13)"

Source: Psychology Today, 2010



In an average secondary school of 1000 pupils in the UK:

- 100 feel self-harmed by the age of 16
- 100 are suffering from mental health problems and experiencing significant stress

MACMILLA

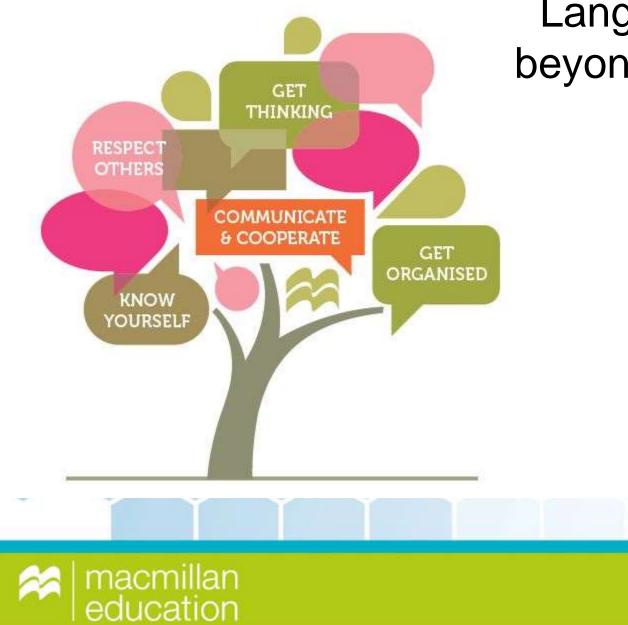
- 50 are seriously depressed
- 5-10 are likely to attempt suicide...

Source: Young Minds, UK

"Today's young people 40 % less empathetic than college kids from 30 years ago"

Source: Scientific America, 2010





Language and beyond: life skills



Positive skills:

- Social
- Creative
- Good at multitasking
- Digital natives
- Curious and receptive to learning



THIS REQUIRES CHANGES IN EDUCATION

NEW NATIONAL STANDARD OF SECONDARY EDUCATION

BASED ON COMPETENCIES: SUBJECT & KEY



What do teenage learners like to see in English courses nowadays?

What do teachers like to see in an ideal English course to meet all requirements and still to enjoy teaching ©)?









macmillan education

21st Century Skills

Learning and Innovation "The 4 C's"	Digital Literacy	Career and Life
Critical thinking & problem solving	Information literacy	Flexibility & adaptability
Creativity and innovation	Media Literacy	Initiative & self-direction
Communication	ICT Literacy	Social & cross-cultural interaction
Collaboration		Productivity & Accountability
		Leadership & responsibility

Table 1 - P21 Skills

www.macmillanbeyond.com

http://www.wired.com/geekmom/2012/08/games-teaching



motivating material that can adapt to teachers' needs and go BEYOND

- life skills
- subskills
- videos





Learn **BEYOND**



IN THE PICTURE Create an avatar

Talk about the human body

WORK WITH WORDS

1 (ICLU) In pairs, write the names of the body parts (A-L) in the pictures. You have one minute.

AND BODY

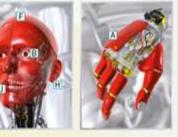
2 DIED Listen to the clues and match the words to the body parts M-X in the pictures.

ankle	M brain	chest	finger	heart
knee	neck	shoulder	stomach	
throat	thumb	toe		

- 3 DIED Listen and check your answers. Then listen and repeat.
- 4 Write the body parts in Exercise 2 in order, from the highest to the lowest when you're standing up. brain,
- THE MOVING PICTURE S Watch the video. Write the order in which the machine adds the avatar's body parts. What does the avatar do when it's complete?
- 6 Do the quiz. Then compare your answers with a partner.

How much do you know about the human body? Answer the questions.

- 1 It's the most complex object in the universe. What's it called? 2 It makes sure air and food goes to the correct place. What is it?
- 3 Two parts of our body get bigger and bigger, but we don't cut them. What are they?
- 4 Three bones connect here, including our biggest bone. What is it?







SPEAK

7 Draw an avatar but don't let other students see it. Use the avatars below for ideas.

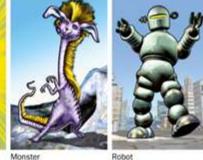


Futuristic

8 🔾 Work in pairs. Describe your avatar to your partner. Can he/she draw it?

PHRASE SYN

It's got (a) big/small/long/short/round/square ... It's got ... next to/above/under/around its ... It looks like a





GO BEYOND Do the Words & Beyond exercise on page 135.

RECALL In pairs, write the names of the body parts (A-L) in the pictures. You have one minute.



THE MOVING PICTURE Solution Watch the video. Write the order in which the machine adds the avatar's body parts. What does the avatar do when it's complete?





IN THE PICTURE At work

Talk about jobs and workplaces

WORK WITH WORDS

 COULD Work in pairs. Write the workplaces for signs 1–6. Then write the job(s) people do there. You have three minutes.

Workplace	Job(s)	
t hospital	ныгле,	

2 Match the workplaces in the box to signs 7–12. Listen and check. Then listen and repeat.

gym factory garage hair salon office travel agency

3 DWOrk in pairs. Match the jobs to the descriptions. Then listen and check.

1	An artist	a	writes letters, organises meetings and makes phone calls.
2	A cleaner	b	fixes cars when they're broken.
3	A driver	c	cuts people's hair.
4	An engineer	d	writes articles for newspapers, websites and TV.
5	A fitness trainer	.0	flies planes.
6	A journalist	f.	fixes people's teeth.
7	A hairdresser	g	draws and paints pictures.
8	A mechanic	h	drives people to different places.
. 9	A pilot	1	cleans rooms in buildings.
10	A dentist	1	helps people to plan their holidays.
11	A secretary	k	helps people to get fit and strong.
12	A travel agent	1	designs and builds machines, bridges or roads.

4 Who works at the places in Exercise 2?

A fitness trainer works at a gym.

5 Description of the words below. Then listen and repeat. Do you find any difficult? Which ones?

bridge, cleaner, driver, flies, place, sports, student, strong, trainer

6 Work in pairs. Student A thinks of a job. Student B asks questions to guess the job. Student A can only answer yes or no.

No

Does this person work in an office?

76

Does this person cut hair?



7 THE MOVING PICTURE S Watch the video and guess the job. Which job looks the hardest / the most exciting / the most boring / the most creative?

SPEAK

8 Tell your partner about the jobs of people you know, such as neighbours and family friends.

GO BEYOND

Workbook, page BD

Do the Words & Beyond exercises on page 136.

PHILASE NYIN

My neighbour's a ... My aunt works in ... My brother doesn't have a job. My father's friend helps old people / cooks food at school ...

77

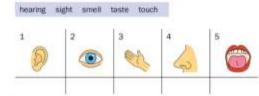


IN THE PICTURE Can you feel it?

Talk about how we use our senses

WORK WITH WORDS

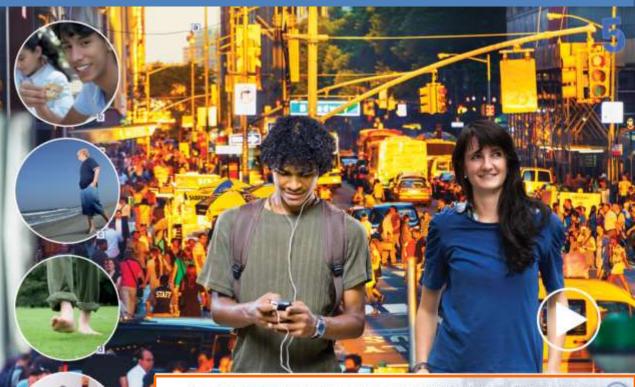
- 1 (IICAII) Work in pairs. Do the tasks. You have three minutes.
 - a Write down the letters of the alphabet. Write the names of parts of the body for as many letters as you can. Use the photos to help you.
 - b Which of the words can you match to the five icons in Exercise 2a?
- 2 a Write the names of the five senses next to the correct icons.



- b DIED Listen and check. Then listen and repeat.
- 3 a Match the verbs to the five senses. Write them in the table in Exercise 2a.

feel hear listen look see sound touch watch

- b Which of the sense words in Exercise 2 can also be verbs?
- c DIED Listen and check. Then listen and repeat the verbs.
- 4 EXID Listen and match sentences 1-10 to the photos a-e.
- 5 Description of the verbs in Exercise 3. Listen and check.
 - 1 It's so good not wearing shoes. The grass so soft under my feet.
 - 2 There's so much traffic. Everything so noisy here. fantastic."
 - 'What do you think of this one?' 'Wow! That 2
 - 4 There's so much to in the city. It's huge. so cool.
 - 5 It's so hot here, and that water
 - 6 I like Mexican food. This really good. 7 I can't
 - anything apart from amazing music. 8 Sometimes I lie on the grass and imagine I can
- the clouds in the sky. 9 I love the sea, it's so blue under the sky.
- 10 Llike to music while I walk. It's relaxing,



5 a Listen to the consonants in blue in the words below. Then listen and repeat. smell taste sound watch strong grass text message sky hand solt

b Do you find any of the consonant combinations difficult? Which ones? If so, practise saying the consonants slowly.

7 (THE MOVING PICTURE) 🔘 Watch the video and imagine you are in each scene. Say something using the sense verbs.

8 Some sense verbs can also be nouns. Choose the correct nouns for these sentences.

- 1 I like the smell / sound of fresh bread. It reminds me of home.
- 2 I hate the taste / sound of motorbikes. They're so noisy.
- 3 I really like the look / taste of honey, it's sweet.
- 4 I don't like the look / small of this homework. It's really difficult.

SPEAK

9 Work in pairs. Write the names of things you love or hate. Tell your partner.

- 1 | love / hate the smell of 2 I love / hate the taste of
- 3 1 love / hate the sound of
- 4 I love / hate the look of

Do the Words & Beyond exercise on page 134.

GO BEYOND

Workbook, page 52



Teach BEYOND



READING The power of football

>>>> Understand pronouns

SPEAK AND READ

1 Work in pairs. Answer the questions.

- 1 Do you play football? Do you watch football? Why?/Why not?
- 2 Why do you think football is so popular?
- 3 What do you think people can learn from football?

2 Students at King's Wood School have done a project. Look at the photos and headings. What do you think the project is about? Decide if the sentences are correct (C) or incorrect (I).

- 1 Football can help with social problems. C
- 2 You can't play football without the right equipment.
- 3 You can learn important life skills from football.
- 4 People in Kibera have little money and often have health problems.
- 5 The football organisation's aim is to train top football players.
- 6 Football has changed Josephine's life.

3 Pitti Read the report to check your answers to Exercise 2.

Kings Who

Our sports report: Football isn't just fun!

All over the world, organisations use football to help young people with problems. In some countries, football programmes keep bored kids off the streets and away from crime. In other countries, the programmes work with kids who have no homes or no parents, or kids who have HN or AIDS.

Why football? Well, millions of people play football and billions of people watch it. You don't need expensive equipment, You can play it in the street without a football pitch, proper goals, expensive football boots or a real ball. And football, like many other sports, teaches you skills which are useful in all areas of life: tearnwork, fair play and respect for others.

Kibera in Nairobi, Kenya is a very poor area where 200,000 people live. Most of the people that live here survive on very little money and many of them eat only once a day. There's rubbish everywhere and little healthcare. Half of the people here have HIV or AIDS. In 2000 a football programme started for boys and girls. It aims to help them believe in themselves, and gives students health and life skills education. Students learn about HIV and how to protect themselves against it. They also do activities that help to improve life in the area.

A new life for Josephine

1 live with my grandmother and my sister. My parents both died two years ago, I started to go to football training to forget my problems. Now I play because I low the sport. Before I didn't go to school because we didn't have money to pay. But the organisation has a tree school and I get lunch there too. It's like a new life for me.

4 a Read the tips in the NOW TO box.

- b Read the report again. Circle the pronoun it in paragraphs 2 and 3. Which nouns do they replace?
- 5 Which tips in the (10000) box did you use for help with Exercise 4b? Tick (1) them.

REACT

6 Work in pairs. Which sentences do you agree with? Why?

- 1 I think football is a great way for kids to learn skills.
- 2 I think football can help kids in lots of different situations.
- 3 I think it's important to collect money for kids who need help.

GO BEYOND

Circle all the football and equipment words in the text.

HOW TO understand pronouns

Find the pronoun (eg it/its, they/them/their).

Identify the correct noun (eg sport, players) for the pronoun. A pronoun usually comes AFTER the noun.

Replace the pronoun with a noun. If it sounds wrong, find another noun.

King's Wood

Our sports report: Football isn't just fun!

All over the world, organisations use football to help young people with problems. In some countries, football programmes keep bored kids off the streets and away from crime. In other countries, the programmes work with kids who have no homes or no parents, or kids who have HIV or AIDS.

Why football? Well, millions of people play football and billions of people watch it. You don't need expensive equipment. You can play it in the street without a football pitch, proper goals, expensive football boots or a real ball. And football, like many other sports, teaches you skills which are useful in all areas of life: teamwork, fair play and respect for others.

Kibera in Nairobi, Kenya is a very poor area where 200,000 people live. Most of the people that live here survive on very little money and many of them eat only once a day. There's rubbish everywhere and little healthcare. Half of the people here have HIV or AIDS. In 2000 a football programme started for boys and girls. It aims to help them believe in themselves, and gives students health and life skills education. Students learn about HIV and how to protect themselves against it. They also do activities that help to improve life in the area.

4 a Read the tips in the (HOW TO) box.

- b Read the report again. Circle the pronoun it in paragraphs 2 and 3. Which nouns do they replace?
- 5 Which tips in the HOW 10 box did you use for help with Exercise 4b? Tick (√) them.

REACT

6 Work in pairs. Which sentences do you agree with? Why?

- I think football is a great way for kids to learn skills.
- 2 I think football can help kids in lots of different situations.
- 3 I think it's important to collect money for kids who need help.

GO BEYOND

100

Circle all the football and equipment words in the text.

A new life for Josephine

"I live with my grandmather and my sister, My parents both died two years ago. I started to go to football training to forget my problems. Now I play because I love the sport. Before I didn't go to school because we didn't have money to pay. But the organisation has a free school and I get lunch there too. It's like a new life for me."

HOW TO

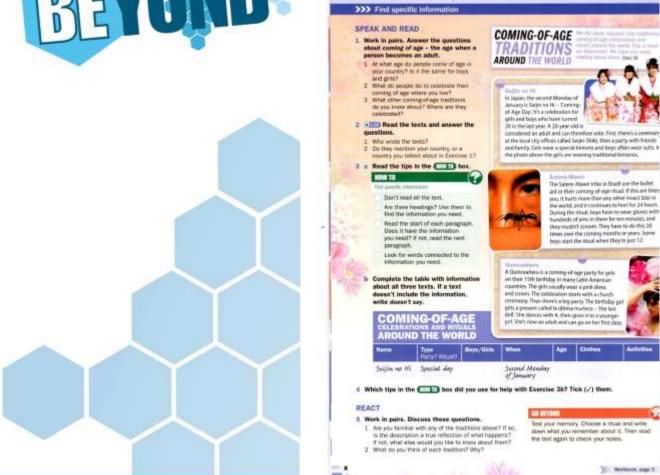
understand pronouns

Find the pronoun (eg it/its, they/them/their).

- Identify the correct noun (eg sport, players) for the pronoun. A pronoun usually comes AFTER the noun.
- Replace the pronoun with a noun. If it sounds wrong, find another noun.

Exam Skill: find specific information

READING Coming of age



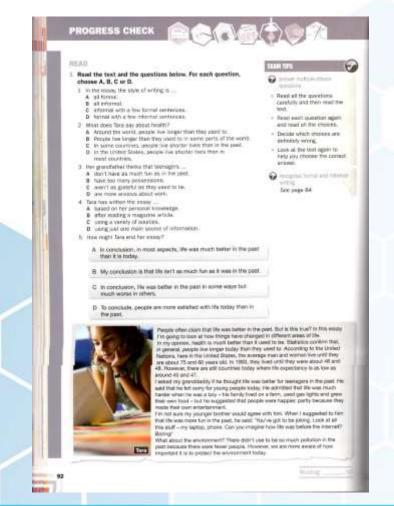
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Multiple matching



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Multiple choice



l macmillan education

BEYOND

Grammar rule-discovery

STUDY

2 Complete the table with examples from Exercise 1.

Whose? and possessive 's/s'

Whose + noun + question Whose legs are they?

noun + 's I've got one sister $\rightarrow My$

regular plural noun + s' l've got two brothers $\rightarrow My$ See GRAMMAR DATABASE, page 121.



STUDY

2 Complete the explanations with examples from Exercise 1.

First conditional

Use: To talk about possible situations in the future and their results.

Form:

If

If + I/you, etc + present simple ... (= the action)

the run, ...

Note: You can also use may/might (50% sure) and will probably (75% sure) in the result.

STUDY

2 Complete the explanations with examples from Exercise 1.

First conditional

Use: To talk about possible situations in the future and their results.

Form:

If + I/you, etc + present simple ... (= the action)
If the run, ...

l/you, etc + will/won't + verb (= the result) £20 to charity.

Note: You can also use may/might (50% sure) and will probably (75% sure) in the result.

the future 1 Read the conversation. What do Rosa and action) Aiden decide to do?

- **Rosa:** Look at this. There's a fun run in the town next month. It says that if you finish the run, they'll give £20 to charity.
- Aiden: I'm really unfit. What will happen if I don't finish?
- Rosa: It's only 5km. If it's too far, just walk.

READ >>> Grammar in context

Aiden: OK. I'll do it if you do.

Rosa: Great. Who knows, we might win if we train!





LISTENING AND VOCABULARY An artist and app designer

Recognise a speaker's message

SPEAK AND LISTEN

- 1 Read Paige Rohrick's online profile. Then answer the questions.
 - 1 How old is she?
 - 2 Where does she live?
 - 3 What is her main interest?
 - 4 What other things does she like?

2 Now listen to an interview with Paige. Complete the notes with one word or number.

ABOUT PAIGE OOO

My name is Paige Rohrick. I'm 17 years old and I'm from Vancouver, Canada. I love to draw and share my ideas with others. Over the years I have tried a lot of drawing styles and Manga is my favourite style now. My other interests include designing clothes and cooking. I recently competed in a competition for dress design in Vancouver. My dress came second!

at drawing.





Paigee Draw Boops

PaigeeDraw

App development

OnipDrew

Had dea

tielp from

helps people learn how to draw (1) Manual helps people become more (1) helps people to draw (3)

when she was 14 Hears old 63 Licars. father, mother and (6) Namper of dourloads (1)

Work and study

School Career plan



Read the tips in the (10W10) box. 3 a.

b DEED Listen again. What's Paige's message? Choose A, B or C.

- A Make your own app it's easy!
- B It isn't easy but you can do it!
- C Think about your future career now!
- 4 Which tips in the (10010) box did you use for help with Exercise 3b? Tick (1) them.

WORK WITH WORDS

- 5 DID Listen and read the information about Palge. Underline the words in bold about work. Circle the words in bold about study.
- 6 a DBD Listen to the definitions and write the correct letter from Exercise 5 for each one.

1 1	3	5	7	
2	4	6	8	

b Disten and check your answers.

Paige sees her future (a) career in art and design. She has her own (b) company and she's good at (c) business, but she thinks it's important to get (d) qualifications. She plans to do an art (e) course at (f) university. But first she has to PaigeeDraw isn't just (h) a part-time job - it's the school ()) term with study and work.

REACT

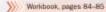
- 7 Work in pairs. Ask and answer the questions. Explain your answers.
 - 1. Would you like to have your own company? Why?/Why not?
- 2 Do you think qualifications are important? Why?/Why not?
- 3 Do you plan to go to university?

GO BEYOND

9

10

Do the Words & Beyond exercise on page 136.



80

Listen for imperatives, can/ school can't and should/shouldn't. Listen for the words the

HOW TO

speaker emphasises. 100

ecoglise a speaker's message

Listen for phrases like My advice/tip is

finish school and do her (g) exams. Her website (i) a full-time job. This means she's very busy in

SPEAKING Sorry!

>>> Make and react to apologies

SPEAK

- Talk with the class about what's happening in the picture.
- 2 Read these excuses. Which one do you think is the best? What other good excuses do you know?



Excuse Generator

When you haven't done homework

- I was doing it on the bus to school and it blew out the window.
- I put it in my jacket and my mum washed it.
- I left it in the car and my dad took the car to the garage.

When you're late for school

- I lost my glasses and got on the wrong bus.
- I couldn't remember the way.
- It's really foggy outside and I couldn't find the school.

WATCH OR LISTEN

3 QLEXIII) Watch or listen to the scenes. In which scenes (1-6) does somebody accept the other person's apology (say it's OK)?

1	Kate: Teacher:	I haven't done my homework. I'm really sorry but we had an important basketball game yesterday. That's (a) . You can do it for tomorrow.
2	Lucia: Teacher:	Sorry I'm late. I had to go to the doctor. That's (b) , Sit down,
3	Matt: Teacher:	Sorry I'm late. I missed the bus. I think the bus driver came early. That's not (c) enough. You should get up earlier.
4	Ben: Marc:	I've forgetten your DVD, I'm really sorry. I'll bring it tomorrow. Don't (d) about it. Tomorrow's fine.
5	Vicky: All:	Erm, I've lost the paper with the information for our project. I'm sorry, I've looked everywhere for it. (e) we need it for the history lesson. What are we going to do?
6	Mel: Lucia:	Sorry I didn't phone you yesterday. I forgot to charge my phone. That's OK, no (f)

4 (2) Watch or listen again and complete the conversations with the words in the box. Which phrases do you use when you DON'T accept an apology?

all right but good OK problem worry

ACT

- 5 O You're going to make apologies for the situations below.
 First think of good explanations or excuses.
 - Work in pairs. Make apologies and react to your partner's apologies.
 - 1 You're late for school.
 - 2 You haven't done your homework.
 - 3 You've forgotten or lost something of your partner's.







Make an apology

I'm (really) sorry. Sorry I'm late. Sorry, I've forgotten/lost/... I had to

Accept/refuse an apology

That's OK. / That's all right.
 Don't worry about it.
 No problem. / Never mind.
 That's not good enough.
 But ...



83











doesn't eat any meat or fish, but she eats dairy products like eggs, milk and cheese. so he can't eat any food with them in it, especially cakes and biscuits.

That means she can't eat anything with flour in it, like bread, pasta or pizzas.

COUSE IN STREET

3

>>> Consider other people's needs and preferences

READ

DO

1 A group of British students are visiting your school. Three of them have special diets. Read the information about them above and complete their profiles with the correct phrase.

can't eat gluten is allergic to eggs is a vegetarian

2 Work in pairs. Make a list of the food you can see in the photos. Then write A (Asha), C (Carmelo) or L (Lucy) next to the food they can't eat.

DO

3 Q Your class is organising a party to welcome the group of British students.

- In groups, make a list of food for the party.
- Include options for Asha, Carmelo and Lucy.
- Consider the needs and preferences of other students in your class.

REFLECT

4 Discuss the questions with your class. Do you agree with the (RELECTION POINT)?

- Whose special diet was the most difficult to consider Asha's, Carmelo's or Lucy's? Why?
- 2 Do you know anybody with a special diet? Describe it.
- 3 How do you think people with special diets feel when they can't eat anything at a meal or party?

EXTEND

U

.

48

5 Work in groups. Make a music playlist for the welcome party. Think about the preferences of other people in your class.

PHRASE BYTES

Let's bring ... Why don't we make ... ? What could we bring for ... ? Have we got anything for ... ?

We need something without ... in it.

REFLECTION

It isn't always easy to consider other people's needs and preferences. But when you consider them, people feel better.

LANGUAGE

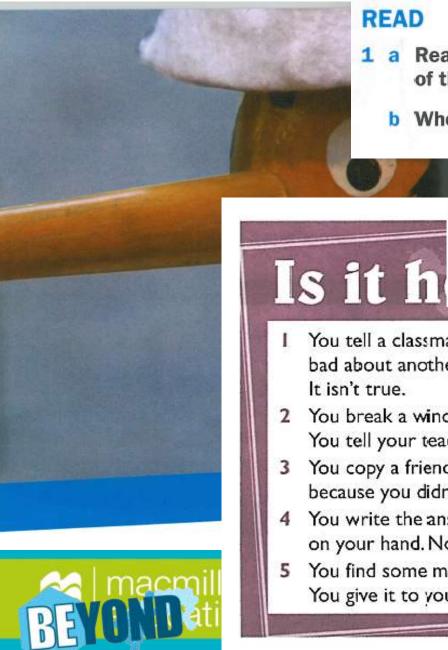
? His 'father'

Do you know the story of Geppetto made him from wood. He wasn't a real boy, but he walked and talked. He wasn't a nice boy or an honest boy. One day his father gave him money for a school book. But the boy didn't buy a book; he bought a ticket for a circus show. Later he lied to his father: he lost the money, he said. Another day he didn't go to school and he played games with his friend.

Every time he wasn't honest, his nose got longer.

>>> Act in an honest way





READ

- Read the story. Do you know it? What's the name 1 a of the boy?
 - When wasn't the boy honest? Find three examples. b

DO

- 2 Work in pairs. Decide which situations (1–5) are honest (H) and not honest (NH).
- You tell a classmate something bad about another classmate. It isn't true.
- You break a window at school. 2 You tell your teacher about it.
- You copy a friend's homework 3 because you didn't do yours.
- You write the answers to a test 4 on your hand. Nobody sees you.
- You find some money at school. 5 You give it to your teacher.

Life Skills A1+: (Grade 5)

- Be a good classmate
- Be friendly to other students
- Prepare your things to school
- Make a clear note of your homework
- Ask for help
- Try new things
- Be careful with money
- Be polite
- Do your best when things are hard



Life Skills B2 (Grade 11)

- Work on your weaknesses
- Consider the consequences of your actions
- Set achievable goals
- Learn from your mistakes
- Understand how adverts try to sell you
- See things from another person's perspectives
- Respect rules and social boundaries
- Make a budget and stick to it
- Prepare for an interview
- Be a successful non-native speaker





digital offering



http://www.macmillanbeyond.com/resources/ student/resource-centre/a2plus/











